



Morton Trentside Primary School **Physical Activity Policy**

Reviewed by the Governing body on:	September 2021
Signed:	Steve Howse
Date:	January 2017
Review Date:	September 2022

Rationale

This policy will ensure that all aspects of physical activity in school promote team work, skill development and excitement in physical activity as well as the health and wellbeing of all pupils, staff and visitors.

Intent:

We aim to increase the Physical Activity levels and wellbeing of the whole school community by developing a supportive environment that promotes Physical Activity. We also aim to:

- ensure that 2 hours of quality P.E is taught in all classes.
- make sure that there is training for staff and all those involved in the teaching of physical education.
- ensure that children enjoy active play times.
- provide a range of extra - curricular physical activities.
- ensure that the views of children, parents and staff are considered regarding physical activity.
- manage the use of outside agencies to help with the running of clubs, workshops, activities, etc
- promote and encourage the involvement of parents and the local community in physical activity.
- promote the celebration of sporting events.
- encourage children, parents and staff to keep fit in daily lives by encouraging walking to school.
- encourage staff to participate in physical activity

- Provide opportunities for competition for all pupils both at inter and intra school level.

Implementation:

How we will deliver this at Morton Trentside -

- ensure that all children have the opportunity to develop the confidence, competence and enthusiasm to participate in Physical Activity for a minimum of 30 minutes in school daily.
- improve children's, parents/carers and staffs knowledge, understanding, experience of and attitude towards participation in Physical Activity.
- provide a wide range of quality Physical Activity opportunities both within and outside the curriculum for children and enable children to participate in at least 2 hours of high quality PE and School Sport each week.
- ensure that Physical Activity provision in the school reflects the cultural, personal, social and medical needs of all children.
- Provide exciting lessons **promoting good team work** and competition.
- Provide active, well paced, fun lessons which include opportunities for practice, competition, collaboration, performance and evaluation.
- Develop children's enjoyment of physical activity through creativity and imagination.
- To enable children to develop and explore physical skills with increasing control and coordination.

IMPACT:

Curriculum

- The school provides 2 hours high quality P.E within curriculum time.
- Long term, medium term and annotated short term planning supports the quality teaching of P.E in curriculum time.
- P.E co-ordinator monitors the teaching and learning of P.E through observations, planning scrutinies and pupil interviews.

Training of staff

- P.E related issues are discussed in staff meetings when required.
- P.E co-ordinator is the PLT for the school and the school is part of the Lincolnshire School Sports Partnership.
- Regular CPD is undertaken following identified areas of need.
- Sports coaches (Premier Education) work on a lesson study approach with teachers and TAs to support the teaching of quality PE.

Active Play Times

- Sports Crew are in place throughout the whole of the week at morning and lunch play times. They encourage and promote collaboration, fair play, sharing and turn taking.
- Sports Crew ensure that most children are being active through teaching and playing games and using equipment. There are also quieter activities for the children to engage in. The Sports Crew also monitor the equipment and take responsibility in reporting any damages or missing items.

Extra Curricular activities

Throughout the year a variety of extra - curricular activities are available to the children eg:

Football

Netball

Cross Country

Lacrosse/Hockey

Athletics

Tag rugby

Multi skills

Breakin' Habit – dance crew

Other sports clubs are being considered throughout the year: eg Hi Five.

- The school Football/Netball teams plays league football matches and tournaments.
- Intra school competitions are played regularly to encourage all children to participate
- Inter school competitions are played regularly with other schools within Lincolnshire
- MTPS has active links with School Games and regularly takes part in county competitions/events.

Views of parents and children

- After school clubs greatly appreciated by parents, regular positive feedback.
- Children audit used to develop curriculum planning.
- Sports Crew – presence on website – leadership opportunities.

- Covid Update – parents very positive regarding children coming to school in kit on PE days.

- **Use of outside agencies**

Many outside agencies have been used to promote physical activity in school. These include the local sports partnership, secondary school QEHS, Hockey England, Lincolnshire Cricket and Mindful Minis. We do at times seek the support from companies who can offer fund raising sports events.

Involvement of parents and the local community

- Reports of sporting achievements are put into our school newsletter, on the website and celebrated in merit assemblies with parents. Twitter is also used.
- Parents are actively invited to support the children when they are taking part in matches or tournaments and the number of supportive parents is good. They are also invited to watch and take part in sports day each year.
- Community links with the local parish council to organise annual Morton Feast event.
- PING sponsorship.

Celebration of sporting events

- Match reports, merits/certificates are given out in assembly after any event. All of the children are congratulated for their efforts.
- A report of any sporting event or result is recorded in the school newsletter.
- Photographs of teams, certificates or trophies won are on display on/near our schools achievement display board.
- Newspapers report the success of Morton pupils.

Awareness of inclusion

- All children are encouraged to take part in all physical activity in school.
- Intra school competition promote inclusion
- Inclusive training days allow pupils with SEN to train in a specific sport.

Encourage staff to take part in physical activity

- Staff are aware of sporting events in school and nationally.
- Staff regularly participate in PE lessons with the children to show good role models

Safety

The school is committed to safe and effective exercise procedures and these are clearly stated within the P.E policy and the Health and Safety policy.

Monitoring and Evaluation

The methods of evaluation at Morton Trentside Primary School are:

- assessing the achievements of children
- reviewing schemes of work
- reviewing programmes of activities
- reviewing planning/lesson observations
- children and staff discussions
- review of Sports Coaches
- review of visiting coaches and their benefits to the children
- questionnaires - children and annual staff audits are acitoned

Conclusion

Through the use of this policy, we hope to promote physical activity and improve the wellbeing of staff, children and visitors in our school. It is a working document which reflects the current practise and aspirations of Morton Trentside Primary School.