



Morton Trentside Primary School **PE Policy**

Introduction/Intent

At Morton Trentside we aim to deliver a high-quality Physical Education curriculum alongside our School Sport enrichment opportunities. This gives children of all backgrounds and abilities the opportunity to develop physical skills, resilience, teamwork and leadership.

Our PE curriculum and sporting opportunities are many and varied, we see this as fundamental in the development of the whole child and recognize the role it has to play in promoting a healthy life and a physically active lifestyle. We deliver this through engaging PE topics, extra-curricular clubs, inspirational coaching, motivational visitors and our competition offer.

As a School Games Gold School, we also aim to provide every child with the opportunity to represent Morton Trentside and compete as part of a team.

Throughout our PE curriculum and our School Sport offer to all children we place huge importance on the application of our school values and those of the School Games – resilience, reflection, trust, determination, respect and responsibility.

We aim to apply these within our inter and intra-school competition offer to encourage and foster the lifelong benefits and enjoyment of physical activity.

Our Sports Premium Budget report details intent, implementation and impact annually and is regularly updated on our website.

Intent

In teaching P.E. we aim to: -

- a) develop physical co-ordination and confidence;
- b) promote the physical and psychological benefits of participation in aerobic activity whilst at school and throughout life;
- c) develop artistic and aesthetic appreciation within and through movement;
- d) help pupils develop socially through competition and co-operation between other individuals and groups;
- e) promote positive attitudes towards health and physical fitness and an understanding of the biological aspects of the body in relation to fitness and well being;
- f) provide equal opportunity for all pupils to reach their full potential, regardless of their race, gender, cultural background or physical ability.

Implementation – (How we teach our PE curriculum)

- Learning should be fun so that it is memorable to pupils. Delivery and experiences should be exciting and of a high standard.
- Physical Education is a very practical activity where pupils learn through first-hand experience. In view of this, pupils should be physically active for a substantial

majority of all their PE lessons. Every class has two hours of timetabled PE each week in addition to timetabled daily active minutes.

- Teachers will plan topics using a variety of teaching methods in order to provide a broad P.E. curriculum as detailed in our curriculum coverage document. This is supported with CPD from external coaching companies and specialists who deliver enrichment units that require specialist teaching such as archery and fencing. It is imperative that there is a balance between:
 - grouped, paired and individual working,
 - competitive and non-competitive activities,
 - contact and non-contact sport,
 - the development of skills and tactical understanding.
- Lessons should be knowledge and vocabulary rich – PE curriculum vocabulary list supports this.
- It is the ethos of Morton Trentside that pupils are encouraged for their achievements both in and out of school and all feedback is as positive as possible. Constructive comments are used to further develop pupils. Through positive reinforcement, pupils will develop the confidence to attempt, and thus develop their skills.
- Measurable achievement is encouraged and rewarded such as distance run, height jumped etc – personal challenge supported with tracking systems such as The Golden Mile.
- The P.E. Co-ordinator is responsible for the monitoring and implementation of the P.E. Curriculum and the management of P.E. resources including safety checks on apparatus.

Impact/Progression

Physical Education involves the development of co-ordination, knowledge, skills and understanding through an inter-related process covering planning, performing and evaluating. Two other elements are important when considering progression. These are independence and interaction, which relate to pupils' personal, emotional and social development. This is laid out in detail in our PE progression of knowledge and skills document.

Termly progression is tracked for all topics and where possible measurable achievement used to assess progression.

Assessment Recording and Reporting

The P.E. co-ordinator and Premier Education are responsible for implementing assessment across the school. Resources and advice/support will be given to staff about how to level pupils. Teachers should assess achievement in physical education through observing ability groups of pupils, listening to pupil's answers, discussions and evaluations etc. The teacher should record evidence of progress and achievement in relation to the levels of attainment.

Teaching/learning activities and the organisation of activities must provide appropriate assessment opportunities.

Teachers should keep records of pupils who do not bring kit and after three occasions without kit, the PE coordinator should be informed. Pupils should be encouraged to use school PE kit on these occasions and should NOT be allowed to sit out of the lesson.

When pupils attend out of school competitions, matches and events a certificate should be issued and presented in merit assembly.

Swimming

Swimming lessons take place at West Lindsey Leisure Centre where Year 3 attend in the Summer Term. All lessons are organised and supervised by the pool instructors. All pupils at Morton Trentside are expected to swim at least 25m unaided by the end of KS2. Intervention will be put in place for those pupils who might be at risk of not meeting the 25m expectation.

P.E. Kit

Standard P.E. kit is as follows: -

- White short sleeved T-shirt
- Shorts
- Pumps/Trainers

COVID 19 – Update

- From September 2020 pupils will come to school in PE kit on the relevant PE days for their class. PE days logged on class calendars.
- Navy/Black tracksuit bottoms/leggings and a school jumper may also be worn.

If pupils consistently do not come to school in PE kit on PE days, class teacher will get in touch with parents initially to discuss and request that a kit is dropped into school. If this is not possible pupils may borrow kit or take part in uniform if appropriate to do so.

Jewellery

In the interests of safety to all participants ALL ITEMS OF JEWELLERY are removed for PE. Ideally pupils should leave their jewellery at home on P.E. days. If any item of jewellery cannot be removed then it may be covered by a plaster. The plaster should be provided and applied only by the pupil. It is not schools responsibility to supply plasters and under no circumstances must the teacher or another pupil either remove jewellery or apply plasters. It should also be noted that teachers are not responsible for looking after pupil's valuables during PE activities.

The Extended Curriculum

The pupils at Morton Trentside have lots of opportunities to participate in after school sports clubs and represent the school in sporting fixtures against other local schools. These activities include football, cricket, netball, athletics, tag-rugby, Quick Sticks, Quick

Cricket, Tri-Golf cross-country, swimming and gymnastics. Other activities provided by outside organisations are advertised in school and on the website.

Transport is often required when pupils are representing school. The member of staff responsible for the team should ensure that this transport is safe, supervised and insured for the carrying of pupils.

Extra-curricular clubs are run by professional organisations or coaching companies.

Non-participants

It is intended that all pupils will take part in P.E. If pupils are fit enough to attend school they should be able to participate in P.E. activities. However there will be exceptions:

- certain medical conditions may prevent participation. A doctors note is needed to establish whether the pupil can or cannot participate in vigorous exercise.
- genuine parental concern. A personal note from a parent/guardian is required to notify the teacher of a particular reason for non-participation.

In the event of non-participation, pupils must be planned for within the PE lesson for example, videoing key skills and feeding back on strengths and areas for development. In no circumstance must pupils be made to sit out of PE lessons.

Injuries

Injuries will occur in P.E. simply because pupils are active. Staff need to be clear about following correct procedure.

(i) If necessary, stop activity immediately, sit the rest of the group down and ask them to be quiet. Extra adults can be used to administer first aid while lead continues teaching unless incident is serious.

(ii) Assess the injury. The majority of injuries are minor and will require little other than a brief period of rest. Each class to take out first aid box and administer in situ, log on CPOMS. If incident requires parental notification please use radio to alert office who will call/text parents/carers.

With the ever increasing opportunity to enjoy P.E. away from school due consideration must be given to providing First Aid equipment at all time. A First Aid box should be readily available during school fixtures; e.g. football matches, Town Sports, and medical equipment/asthma inhalers should also be taken to such events. A serious injury may occur during such activities which may require qualified assistance. It is advisable that at least two members of staff attend each sporting fixture so that one can be designated to find help in the event of an emergency. The teacher in charge will need to decide upon the appropriate action to take. It is strongly recommended that a list of contact numbers for parents is readily available, particularly if the event is taking place outside normal school hours. In the event of an injury taking place the appropriate forms must be completed and the details recorded.

Inclusion (please refer also to the School's Inclusion Policy)

Inclusion is about every pupil having educational needs that are special and the School meeting these diverse needs in order to ensure the active participation and progress of all pupils in their learning.

Successful inclusive provision at Morton Trentside is seen as the responsibility of the whole school community, permeating all aspects of school life and applicable to all our pupils. It is in this way that we will turn the rhetoric into reality.

Inclusive practice in PE should enable all pupils (including those that are gifted and talented within PE or those that have Special Educational Needs) to achieve their best possible standard; whatever their ability, and irrespective of gender, ethnic, social or cultural background, home language or any other aspect that could affect their participation in, or progress in their learning.

Monitoring and Review

The Head teacher and PE Subject Leader will monitor the effectiveness of this policy on a regular basis. The Head teacher and PE Subject Leader will report to the governing body on the effectiveness of the policy at least bi-annually and, if necessary, make recommendations for further improvements.

Reviewed by Julia Clarke – PE Subject Leader
September 2022